

Aware, Affirm, Apply

My Values

Fill in your top 5 values

1	2	3
.....
4	5	
.....	

Aware

Define Your Values.

For each top value, write 1 sentence about how you define that value.

.....

.....

.....

Affirm

Recall how your values have appeared throughout your life.

For each top value, write 1 sentence about how that value has shown up in the past.

.....

.....

.....

Apply

Describe how you want to put your values into action.

For each top value, write 1 sentence about putting that value into action.

.....

.....

.....

Value Productivity

Values can help or hinder our personal performance sometimes, making us more or less productive in our day-to-day activities. You may have moments when your values really help you shine and perhaps other times when they hinder your progress.

Awareness of your value productivity provides deeper insight into your mannerisms that you can leverage to develop new strategies to improve your performance.

HERE'S AN EXAMPLE:		
← HELP	The value of OBEDIENCE	HINDER →
I am structured, organized, and always reliable.	dutiful, meeting obligations	I can sometimes be too rigid and inflexible.

Help

How do your values help your performance?

Write 1 sentence about each of your top values.

.....

.....

.....

Hinder

How do your values sometimes hinder your performance?

Write 1 sentence about each of your top values.

.....

.....

.....

Value Compatibility

Instructions

1. Plot your top 10 values on the wheel.
2. Write down the value pairs (e.g. Freedom — Health) that complement each other (these are values within the same or adjacent value category on the wheel).
3. Write down the values pairs (e.g. Pleasure — Moderation) that conflict with each other (these are values are on the opposite side of any given value category on the value wheel).

Complement

.....

.....

.....

.....

.....

Questions

1. How do the value pairs that complement each other show up in your life?
2. How do the value pairs that conflict with each other show up in your life?
3. How can you strengthen the relationship between values that complement each other?
4. What is the best way to approach your values that conflict with each other? Possible to build a bridge? How so?

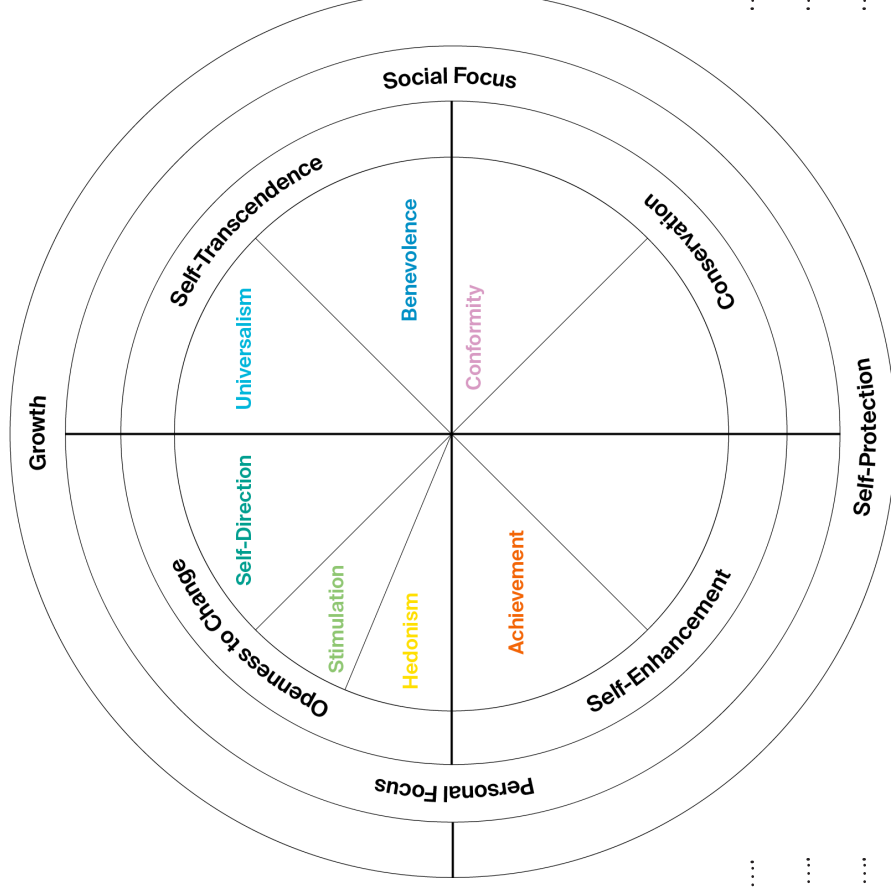
Conflict

.....

.....

.....

.....



Define Your Personal Mission Statement

A personal mission statement describes how you will contribute to the world right now in order to achieve your long-term vision.

Define your best work

Define your best work in terms of how you serve others (**your tribe**), how you serve them (**your actions**), and the result (**your impact**).

<p>YOUR TRIBE</p> <ul style="list-style-type: none">• Who do you serve?• Who are you connected to?• People, places, and things?	<p>BRAINSTORM ALL THE MEMBERS OF YOUR TRIBE</p>
<p>YOUR ACTIONS</p> <ul style="list-style-type: none">• How do you serve them?• What do you do?• Your actions & behaviors?	<p>BRAINSTORM ALL YOUR ACTIONS</p>
<p>YOUR IMPACT</p> <ul style="list-style-type: none">• What is the impact?• What is the outcome?• What are the results?	<p>BRAINSTORM YOUR IMPACT</p>

Create your mission statement

Now summarize the big ideas from each group above into a complete sentence using this structure to define your personal mission.

I HELP
TRIBE IMPACT YOUR ACTIONS

YOUR PERSONAL MISSION STATEMENT

.....
.....

Define Your Personal Vision Statement

A personal vision statement describes what you will achieve in the future at the highest level of performance. Fill in the outline below to create your own personal vision statement.

Explore your vision

Below is a fill-in-the-blank vision statement. Read through the options to identify what resonates most with your vision of the future.

I AM A	IN
	(your level of recognition)	(your job title)		(your industry or niche)
	respected well known admired ambitious	leader innovator expert professional		aviation education energy sales

	(action)	(job performance)	(what)	
	delivering providing offering	world-class industry-leading best-in-class premier award-winning life-changing	your product your service your innovation your solution your contribution	

THAT
	(action)	(who)	(to achieve what result)	
	allows equips gives provides serves	your customer your community your tribe your target audience	to create what to transform how to live their best life by with the opportunity to with the tools to	

Write your vision statement

Now, using the sentence outline above, write your vision statement.

.....

.....

.....